



AARP Chapters are separately incorporated affiliates of AARP

To learn more about our chapter:

Visit our website at www.aarpchapter3240.org

Email us at aarpshelton@gmail.com

Call Walter Roog (President) at 203-278-7646

2019/2020 Officers

President: Walter Roog

Vice President: George Ward

Secretary: Linda Gabor

Treasurer: Charles Vollaro

Monthly Meetings

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

Meeting times and cancellations are listed on the Shelton Senior Center Info Line at 203-924-2355. Senior Center closings are also announced on WICC radio 600 AM and WTNH TV channel 8.

2020 Meetings – Tuesdays Starting at 1:30 p.m.

March 17, 2020 - Suffragettes in the Valley

Presented by Patricia E. Sweeney, Ph.D., Reference Librarian. Derby Neck Library
Learn about the modern movement for women's suffrage in Connecticut from 1909 to the close of the campaigning in 1919. The strategies and brilliant organizational skills of the women are especially highlighted. Hear about details of the suffragists' activities as they worked in Shelton, Ansonia, and Derby, including the active role played by Frances Osborne Kellogg.

April 21, 2020 – Heart Health

Presented by Maria Cantito, BSN, RN-BC, Manager of Cardiac Rehab at Griffin Hospital
Heart disease includes heart attack, congestive heart failure, irregular heartbeat, and hardening or narrowing of the arteries. Learn how to prevent heart disease, modifiable and non-modifiable risk factors and healthy lifestyle habits for improving health.

May 19, 2020 – Wesley Village

Presented by Lisa Bisson, Director of Community Outreach for Wesley Village
Lisa will discuss the 145-year story of United Methodist Homes and how Shelton's Wesley Village has provided a warm, caring, friendly and cost-effective community for seniors to live.

Refreshments will be served at all meetings

For more information, visit our Speakers page at www.aarpchapter3240.org/speakers

Wednesday June 10, 2020, 12:30 p.m. – Installation Luncheon

Family, Friends and Non-Members Welcome - \$25.00 per Person

Brownson Country Club, 15 Soundview Avenue, Shelton, 203-929-0555

Join us for a buffet luncheon and installation of the 2020-2021

Tickets will be available at Chapter Meetings, or Charles Vollaro at 203-929-0379

Want to Get More Involved with Shelton AARP?

You can help our Shelton AARP chapter and your fellow members by becoming a board member or participating on a committee. We will work with you to find a position that best matches your interests and abilities. For more information, please contact Walter Roog at 203-278-7646.

Tips to Spot 2020 Census Scams

April 1 is Census Day. By this date, every home will receive official Census Bureau mail with detailed information on how to respond to the 2020 Census online, by phone, or by mail. When you respond to the census, you'll tell the Census Bureau where you live as of April 1, 2020.

Be on the alert for potential census scams.

- The Census Bureau almost always makes contact by mail. If you get an email, it is likely a scam. Don't reply, click links or open attachments in a suspicious census email.
- Check that any census mailing has a return address of Jefferson IN. If it's from somewhere else, it is a scam.
- Verify that the census taker is legitimate. All should have a Census Bureau photo ID with Department of Commerce watermark and an expiration date.
- Don't trust caller ID. Scammers can use "spoofing" tools to make it seem they are calling from a real Census Bureau number.
- Check the web address of any supposed census website. Make sure it has census.gov in the address and look for https:// or a lock symbol in the browser window.
- Don't give your Social Security number, mother's maiden name or bank or credit card number to someone claiming to be from the Census Bureau.
- If want to confirm the identity of a census taker, verify that a number is from the Census Bureau, or you suspect fraud, call the Customer Service Center, at 800-923-8282 to speak with a local Census Bureau representative.
- If it is determined that the visitor who came to your door does not work for the Census Bureau, contact your local police department.

AARP Connecticut

AARP holds a number of events in Connecticut throughout the year. For a complete listing, and to register, visit the Connecticut AARP home page at www.aarp.org/CT and click on Events in the body of the page, or go directly to <https://states.aarp.org/events-ct>. For more information or questions call 1-866-740-6947 or email: aarpprograms@aarp.org

AARP provides discounts on many Connecticut institutions, including:

Albertus Magnus College, Beardsley Zoo, The Bushnell, Central Connecticut State University, Chapter 126 Sports & Fitness, Discovery Museum and Planetarium, Downtown Cabaret Theater, Garde Arts Center, Goodwin College, International Festival Arts & Ideas, The Klein Memorial Auditorium, Mystic Aquarium, Mystic Seaport, Palace Theater, Stamford Museum and Nature Center, TheaterWorks.

For information on all Connecticut discounts, visit www.aarp.org/CTdiscounts.