



AARP Chapters are separately incorporated affiliates of AARP

To learn more about our chapter:

Visit our website at www.aarpchapter3240.org

Email us at aarpshelton@gmail.com

Call Walter Roog (President) at 203-278-7646

2018/2019 Officers

President: Walter Roog

Vice President: George Ward

Secretary: Linda Gabor

Treasurer: Charles Vollaro

Monthly Meetings

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

Meeting times and cancellations are listed on the Shelton Senior Center Info Line at 203-924-2355. Senior Center closings are also announced on WICC radio 600 AM and WTNH TV channel 8.

2019 Meetings – Tuesdays Starting at 1:30 p.m.

March 19, 2019 – Social Security Programs and Services

Presented by Robert Rodriguez - Public Affairs Specialist

Learn about services available at the SSA field office, on the phone, or online as well as information for family members, spousal and survivor benefits, what to do about fraudulent scam calls, general tips, advice, and things to do to get you up to date.

April 16, 2019 – Frances Kellogg as a Leader in the Environmental Movement

Presented by Patricia E. Sweeney, Ph.D.,

Reference Librarian. Derby Neck Library, 307 Hawthorne Ave., Derby, CT
Frances Osborne Kellogg, donor of the 400-acre Osbornedale State Park in Derby, was a life-long champion of the environment, especially advocating for open space and forest preservation. She also managed a stellar, award-winning dairy and breeding farm, most noted for its champion bulls and cows of the Holstein breed.

May 21, 2019 – Shelton Probate Judge

Meeting will include election of the 2019 – 2020 Board.

Refreshments will be served at all meetings.

For more information, visit our Speakers page at www.aarpchapter3240.org/speakers

Wednesday June 12, 2019 – Installation Luncheon

Family, Friends and Non-Members Welcome

Brownson Country Club, 15 Soundview Avenue, Shelton, 203-929-0555

12:30 p.m. Cheese & Crackers 1:00 p.m. Buffet Lunch

Tickets will be available beginning at the March membership meeting.

2019 Chapter Renewals Due by March 31

According to Shelton AARP Chapter Standing Rules, dues for 2019 (\$5.00) are due by 3/31/2019. You can pay by cash or check (payable to: AARP Shelton Chapter 3240). Please provide your national member number and expiration date. Pay at the March chapter meeting or mail dues to: Vincent Ribeiro, 505 Roosevelt Drive, Apt. 4, Derby, CT 06418-1045.

ShopRite and the Cingari Family - February 2019

The presenter Tom Cingari and his family own 11 ShopRite stores in the area. His grandfather, Salvatore Cingari Sr., was an immigrant success story. Having lost his job in the Great Depression and with a family to support, he bought a small school bus and converted it into a travelling grocery store. He brought the best products at the right prices to housewives who did not have access to grocery stores.

Salvatore then bought his first building, opening a small grocery store, with the extended family living in the building. As the business grew, it became Company Grade A Market Inc. In 1981 Tom came into the business. He spent 25 years in the meat room, with his cousins working in deli, seafood, and grocery. Now the fourth generation has become active in the business

In 1992, the Cingaris and Grade A formed an alliance with ShopRite. A total of 52 families are owners of the 350 ShopRite stores and its warehouse facilities. They make up Wakefern Food Corp., the largest food cooperative in the U.S. and the second largest in the world

The Cingaris' 11 stores employ 2,400 associates and serve 350,000 customers per week. Each store merchandizes differently, based on who shops there. Most of their produce is from the US, but not everything is grown here. Any item not totally from the US is labeled with the country of origin. Much of their seafood arrives fresh in less than 48 hours from when it was caught. Most of their stores have bakeries that scratch bake, not just "bake off" frozen goods.

ShopRite from Home offers online shopping for pick up or delivery. Their shoppers select better product than you could pick yourself. They have close to zero complaints or returns.

They tried senior citizen discounts but stopped, because, as shown by outside surveys, their regular prices are lower than other stores even after their senior discount. ShopRite circulars show less than a tenth of the items on sale each week. Other sales are shown on the shelf labels.

For photos from the meeting, see the Past Meetings section of our Speakers page.

AARP Connecticut

AARP holds a number of events in Connecticut throughout the year. For a complete listing, and to register, visit the Connecticut AARP home page at www.aarp.org/CT and click on Events in the body of the page, or go directly to <https://states.aarp.org/events-ct>.

AARP also provides discounts on many Connecticut institutions. For information on all Connecticut discounts, visit www.aarp.org/CTdiscounts.