



AARP Chapters are separately incorporated affiliates of AARP

To learn more about our chapter:

Visit our website at www.aarpchapter3240.org

Email us at aarpshelton@gmail.com

Call Walter Roog (President) at 203-278-7646

2018/2019 Officers

President: Walter Roog

Vice President: George Ward

Secretary: Linda Gabor

Treasurer: Charles Vollaro

Monthly Meetings

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

Cancellations will be announced on WICC radio 600 AM and WTNH TV channel 8. Meeting times and cancellations and Senior Center closings are listed on the Shelton Senior Center Info Line at 203-924-2355.

2019 Meetings – Tuesdays Starting at 1:30 p.m.

February 19, 2019 – Grocery Shopping at ShopRite

Presented by John Cingari

March 19, 2019 – Social Security

April 16, 2019 – Frances Kellogg as a Leader in the Environmental Movement

Presented by Patricia E. Sweeney, Ph.D.,

Reference Librarian, Derby Neck Library, 307 Hawthorne Ave., Derby, CT
Frances Osborne Kellogg, donor of the 400-acre Osbornedale State Park in Derby, was a life-long champion of the environment, especially advocating for open space and forest preservation. She also managed a stellar, award-winning dairy and breeding farm, most noted for its champion bulls and cows of the Holstein breed.

May 21, 2019 – Shelton Probate Judge

Meeting will include election of the 2019 – 2020 Board.

Refreshments will be served at all meetings.

For more information, visit our Speakers page at www.aarpchapter3240.org/speakers

Wednesday June 12, 2019 – Installation Luncheon

Family, Friends and Non-Members Welcome

Brownson Country Club, 15 Soundview Avenue, Shelton, 203-929-0555

12:30 p.m. Cheese & Crackers 1:00 p.m. Buffet Lunch

Tickets will be available beginning at the March membership meeting.

Time to Renew Your Chapter Membership

Shelton AARP dues for 2019 (January – December) are \$5.00 and can be paid by cash or check (payable to: AARP Shelton Chapter 3240). Please provide your national member number and expiration date when renewing. Bring your dues to the next chapter event or mail them to: Vincent Ribeiro, 505 Roosevelt Drive, Apt. 4, Derby, CT 06418-1045.

Shelton Senior Center - January 2019

Doreen Laucella, Director of the Shelton Senior Center, spoke on her prior careers, her philosophy on dealing with people, her role as Director, and programs and services offered by the Senior Center.

Having been told that being a builder wasn't for girls, Doreen started out in the medical field, but discovered it was not what she really wanted to do. So she went into construction, creating two successful companies where she operated all sorts of equipment and built over 250 houses. Through her interactions with many relatives, Doreen found she loved being with seniors. She started volunteering at the Senior Center, and when the previous Director retired, Doreen took over the position.

To be successful, you need to know how to treat people. Be nice, be kind, and be a good listener. To really accomplish things, you need to work as a team. Also, watch out for your neighbors and let Doreen know if there is a senior who is having issues.

Look for upcoming 6 week workshops on diabetes, chronic illness and balance issues. There are also plans to get more parking in the back lot.

For photos and handouts from the meeting, see the Past Meetings section of our Speakers page.

AARP Connecticut

AARP holds a number of events in Connecticut throughout the year. For a complete listing, and to register, visit the Connecticut AARP home page at www.aarp.org/CT and click on Events in the body of the page, or go directly to <https://states.aarp.org/events-ct>.

AARP Night @ The Bridgeport Sound Tigers - Saturday, February 16, 2019 at 6:00 p.m.
Webster Bank Arena, 600 Main Street, Bridgeport, CT

You and a guest can attend the 2/16/19 Bridgeport Sound Tigers game at no cost. You must pre-register and tickets are limited. For complete information and to register, click on Read More under the listing on the Events page

AARP provides discounts on many Connecticut institutions, including:

Albertus Magnus College, Beardsley Zoo, The Bushnell, Central Connecticut State University, Chapter 126 Sports & Fitness, Discovery Museum and Planetarium, Downtown Cabaret Theater, Garde Arts Center, Goodwin College, International Festival Arts & Ideas, The Klein Memorial Auditorium, Mystic Aquarium, Mystic Seaport, Palace Theater, Stamford Museum and Nature Center, TheaterWorks.

For information on all Connecticut discounts, visit www.aarp.org/CTdiscounts.