



AARP Chapters are separately incorporated affiliates of AARP

To learn more about our chapter:

Visit our website at [www.aarpchapter3240.org](http://www.aarpchapter3240.org)

Email us at [aarpshelton@gmail.com](mailto:aarpshelton@gmail.com)

Call Walter Roog (President) at 203-278-7646

**2018/2019 Officers**

President: Walter Roog

Vice President: George Ward

Secretary: Linda Gabor

Treasurer: Charles Vollaro

**Monthly Meetings**

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

If the Shelton school system is closed or delayed due to weather conditions, the member meeting will be cancelled.

In the event that the Shelton School system is not in session, listen to WICC radio 600 or WTNH TV channel 8. Meeting times and cancellations are also listed on the Shelton Senior Center Info Line at 203-924-2355.

**2019 Meetings – All are Tuesday Starting at 1:30 p.m.**

**January 15, 2019 – Shelton Senior Center**

Presented by Doreen Laucella, Director

Welcome to 2019! What makes a "2019" Senior Center tick? Learn about the happenings of an active Senior Center - new trends, new statistics, new faces, the do's and don'ts.

**February 19, 2019 – Grocery Shopping at ShopRite**

Presented by John Cingari

**March 19, 2019 – Topic TBD**

**April 16, 2019 – Frances Kellogg as a Leader in the Environmental Movement**

Presented by Patricia E. Sweeney, Ph.D., Reference Librarian. Derby Neck Library  
Frances Osborne Kellogg, donor of Osbornedale State Park in Derby, was a life-long champion of the environment, especially advocating for open space and forest preservation. She also managed an award-winning dairy and breeding farm, most noted for champion Holsteins.

*Refreshments will be served at all meetings.*

**For more information, visit our Speakers page at [www.aarpchapter3240.org/speakers](http://www.aarpchapter3240.org/speakers)**

**Renew Your Chapter Membership Now**

You can cross one thing off your to do list by paying your 2019 Shelton AARP dues now. Dues are \$5.00 and can be paid by cash or check (payable to: AARP Shelton Chapter 3240).

You must also have a current national AARP membership. Please provide your member number and expiration date when renewing. You can bring your dues to the next chapter event or mail them to: Vincent Ribeiro, 505 Roosevelt Drive, Apt. 4, Derby, CT 06418-1045.

## ***Choosing Your Electric Supplier – November 2018***

The AARP workshop “What I Need to Know About My Electric Choices” was presented by Rich and Pat Bright of AARP CT, assisted by Lloyd Stableford and Frances Stratton.

You can choose to have your electricity provided by the utility (UI or Eversource) or a third party vendor. Information on your options is available by calling 1-877-947-3873 or on the EnergizeCT Rate Board at <https://www.energizect.com/compare-energy-suppliers>. Watch out for similar sounding sites which are *not* CT’s official Rate Board.

Choose a provider with a Fixed Rate, not a Fixed Tier Rate, which can change after 4 months. The rate for Standard Service from the utility is fixed for 6 months and changes on January 1 and July 1. Check that there is no monthly fee, no enrollment fee, and no cancellation fee.

Your electric bill shows you the name of your supplier, your generation rate type and amount, and when that rate expires. If you use a third-party supplier, it will show you what you would have paid on the standard rate. Your bill also shows your delivery rate (covering poles, wires, meters, etc.) which is regulated and not open to competition. Monitor your bill monthly, even if you do not switch suppliers.

To protect yourself from a third party switching your supplier without your permission (known as “Slamming”), call your provider and ask for Do Not Switch protection. Don’t sign up for service from door-to-door or telephone solicitations. Never give out any account or personal information if a supplier contacts you, only if you contact them,

For photos and handouts from the meeting, see the Past Meetings section of our Speakers page.

## ***AARP Connecticut***

AARP holds a number of events in Connecticut throughout the year. For a complete listing, and to register, visit the Connecticut AARP home page at [www.aarp.org/CT](http://www.aarp.org/CT) and click on Events in the body of the page, or go directly to <https://states.aarp.org/events-ct>.

AARP Night @ The Bridgeport Sound Tigers - Saturday, February 16, 2019 at 6:00 p.m.  
Webster Bank Arena, 600 Main Street, Bridgeport, CT

You and a guest can attend the 2/16/19 Bridgeport Sound Tigers game at no cost. You must pre-register and tickets are limited. Pick up your tickets on game night between 6:00 and 7:15 p.m. The game begins at 7:00 p.m. For complete information and to register, click on Read More under the listing on the Events page

AARP provides discounts on many Connecticut institutions, including:

Albertus Magnus College, Beardsley Zoo, The Bushnell, Central Connecticut State University, Chapter 126 Sports & Fitness, Discovery Museum and Planetarium, Downtown Cabaret Theater, Garde Arts Center, Goodwin College, International Festival Arts & Ideas, The Klein Memorial Auditorium, Mystic Aquarium, Mystic Seaport, Palace Theater, Stamford Museum and Nature Center, TheaterWorks.

For information on all Connecticut discounts, visit [www.aarp.org/CTdiscounts](http://www.aarp.org/CTdiscounts).