



AARP Chapters are separately incorporated affiliates of AARP

To learn more about our chapter:

Visit our website at www.aarpchapter3240.org

Email us at aarpshelton@gmail.com

Call Walter Roog (President) at 203-278-7646

2017/2018 Officers

President: Walter Roog

Vice President: George Ward

Secretary: Linda Gabor

Treasurer: Charles Vollaro

Monthly Meetings

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

If the Shelton school system is closed or delayed due to weather conditions, the member meeting will be cancelled.

In the event that the Shelton School system is not in session, listen to WICC radio 600 or WTNH TV channel 8. Meeting times and cancellations are also listed on the Shelton Senior Center Info Line at 203-924-2355.

Upcoming Meetings

Fire Safety in the Home - Tuesday September 18, 2018, 1:30 p.m.

Presented by Kevin Lantowsky, Safety Officer for the Shelton Fire Department
Keep yourself and your home safe from fires with smoke detectors, fire extinguishers, and more.

Taking Care of Your Feet - Tuesday October 16, 2018, 1:30 p.m.

Presented by David Levey, co-owner of Hawley Lane Shoes
Learn about proper foot care, including shoe fittings, diabetic fitting and foot pain.

**Choose Your Electric Supplier - Tuesday November 13, 2018, 1:30 p.m.
(Note Special Date - Second Tuesday)**

Presented by Rich and Pat Bright from AARP CT.

This session will inform you about your own individual choices when it comes to electric suppliers in CT. Learn how to make informed decisions based on your unique situation and where to find the most reliable information on electric suppliers.

Bring your electric bill so you can review and understand its components.

Donations of non-perishable food will be collected for the Valley Food Bank.

Refreshments will be served at all meetings.

For more information on events, visit our Speakers page at www.aarpchapter3240.org/speakers

Save the Date - Wednesday December 12, 2018

Holiday Luncheon - Brownson Country Club in Shelton

Installation Luncheon, June 2018

Twenty-four members and guests enjoyed our June luncheon, which was held at the Blue Goose Restaurant in Stratford.

The following officers and directors were elected at the May 2018 membership meeting and installed by Orrin Handley from AARP CT.

President: Walter Roog

Vice President: George Ward

Secretary: Linda Gabor

Treasurer: Charles Vollaro

Three-Year Directors: Mary Ann Firgau, Byron Peterson, Marilyn Plainer

Two-Year Directors: Joan Platt, Lucile Roog, (one open position)

One-Year Directors: Phyllis Kupec, Barbara Piaty, Vincent Ribeiro

For the complete board listing, including committee chairs, see our Board Members page.

For photos from the luncheon, see the Past Meetings section of our Speakers page.

Want to Get More Involved with Our Chapter?

You can help our Shelton AARP chapter and your fellow members by participating on a committee or helping out at events. We will work with you to find a position that best matches your interests and abilities. For more information, call Walter Roog (president) at 203-278-7646, or email us at aarpshelton@gmail.com.

AARP Connecticut

AARP holds a number of events in Connecticut throughout the year. For a complete listing, and to register, visit the Connecticut AARP Home Page at www.aarp.org/CT and click on Events in the body of the page, or go directly to <https://states.aarp.org/events-ct/>

Fourth Fridays Free at Connecticut's Beardsley Zoo - 9/28/18, 9:00 a.m. – 4:00 p.m.

Go to the event listing to register with your membership number. Arrive at the Zoo by 3:00 p.m. and see the AARP CT representatives outside of the front gate for check-in and your admission certificate. AARP members get free admission and can purchase admission for up to three additional non-member guests (including children) at a 15% discount through the ongoing AARP Member Offer. You'll even get a coupon for the gift shop!

AARP Day at the Vineyard, Stonington Vineyards - Sunday, 10/21/ 2018

523 Taugwonk ROAD, Stonington, CT 06378. 11:00 a.m. or 1:30 p.m.

AARP members and a guest will each be entitled to a free glass of wine off the day's menu and souvenir glass. Admissions are limited and registration for 1 of the 2 time slots is required. For more information on Stonington Vineyards visit: <http://stoningtonvineyards.com/>

AARP provides discounts on many Connecticut institutions, including:

Albertus Magnus College, Beardsley Zoo, The Bushnell, Central CT State University, Chapter 126 Sports & Fitness, Discovery Museum, Downtown Cabaret Theater, Garde Arts Center, The Klein Memorial Auditorium, Mystic Aquarium, Mystic Seaport, Nelson Hall at Elm Park, Palace Theater, Stamford Museum and Nature Center, TheaterWorks.

For information on all Connecticut discounts, visit www.aarp.org/CTdiscounts.