



Shelton CT, Chapter3240
www.aarpchapter3240.org

To learn more about our chapter:

Call Phyllis Kupec (President) at 203-926-6916
Email us at aarpshelton@gmail.com

2017/2018 Officers

President: Phyllis Kupec
Vice President: George Ward
Secretary: Betty Goddard
Treasurer: Charles Vollaro

Monthly Meetings

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

If the Shelton school system is closed or delayed due to weather conditions, the member meeting will be cancelled.

In the event that the Shelton School system is not in session, listen to WICC radio 600 or WTNH TV channel 8. Meeting times and cancellations are also listed on the Shelton Senior Center Info Line at 203-924-2355.

Senior Living Options - Tuesday May 15, 2018, 1:30 p.m.

Lisa Bisson from Wesley Village and Jennifer Kochiss from Bishop Wicke will discuss medical/non-medical home care, adult day care, independent and assisted living and skilled nursing and rehab. For caregivers as well as individuals looking to plan for their own futures.

Refreshments will be served.

For more information, visit our Speakers page at www.aarpchapter3240.org/speakers

Join Us for Our 2018 Installation Luncheon

Tuesday June 12, 2018 12:00 Cheese & Crackers , 1:00 pm Lunch

Family, Friends and Non-Members Welcome

Blue Goose Restaurant, 326 Ferry Blvd, Stratford - 203-375-9130

Choice of Roast Sirloin of Beef, Chicken Parmigiana, Stuffed Filet of Sole or Fried Bay Scallops

Tickets available at the May 15th meeting, or call Charles Vollaro at 203-929-0379.

\$24.00 per person - cash, or check payable to: AARP Chapter 3240

Want to Get More Involved with AARP?

You can help our Shelton AARP chapter and your fellow members by becoming a board member or participating on a committee. We will work with you to find a position that best matches your interests and abilities. For more information, please contact Dot Ward at 203- 924-0460.

Shelton Library, April 2018

Joan Stokes and Joe Cappella presented information on the wide variety of materials and services that the Shelton Library system provides.

The brownstone Plumb Library building dates from 1895, with a much-needed addition being completed in 1974. The Huntington branch opened in the Shelton Community Center in 1991. Plumb will soon add an elevator and become ADA compliant. In the future, the hours of the two branches will be aligned.

You can get a free library card with proof of residence. Cards are valid for four years and are renewable. Connecticut library cards are good at any library in the state, and you can request books from any CT library through interlibrary loan.

At the library, you have access to books, magazines, and newspapers. There are public computers with MS Word and internet access, free WIFI, a small gallery of local artists, and meeting rooms. You can borrow DVDs, music CDs, as well as museum passes for reduced rate admission. The library also offers many programs and events for children, teens and adults.

You don't even have to leave home to access the many online offerings, including ebooks (which you can download to your Kindle, iPad etc.), audiobooks, Consumer Reports, online courses, language learning, reference materials, job information and much more. You can also view the library catalog, renew or reserve materials, and request interlibrary loans.

You can help the library by joining Friends of the Library, a volunteer organization that supports the library. Among their activities is sorting books for the annual book sale. Dues are only \$10.00 a year (\$8.00 for Seniors).

At the end of the meeting Joan and Joe handed out library information and provided new cards and renewals for Shelton residents.

For more information, visit the library's website at <http://sheltonlibrarysystem.org/>

For meeting photos and handouts, see the Past Meetings section of our Speakers page.

AARP Connecticut

AARP holds a number of events in Connecticut throughout the year. For a complete listing, visit www.aarp.org/CT, then scroll down to the Upcoming Events listing on the right hand side and click on All Events at the bottom of the list. Upcoming events include:

- 5/9/2018, 6:30 – 8:00 p.m. Monroe Senior Center. **Disrupt Aging in Your Community**
A thought provoking and interactive conversation that challenges stereotypes and myths about aging, using research from the national landscape and right here in Connecticut.

AARP provides discounts on many Connecticut institutions, including:

Albertus Magnus College, Beardsley Zoo, The Bushnell, Central Connecticut State University, Chapter 126 Sports & Fitness, Discovery Museum and Planetarium, Downtown Cabaret Theater, Garde Arts Center, International Festival Arts & Ideas, The Klein Memorial Auditorium, Mystic Aquarium, Mystic Seaport, Nelson Hall at Elm Park, Palace Theater, Stamford Museum and Nature Center, TheaterWorks.

For information on all Connecticut discounts, visit www.aarp.org/CTdiscounts.