



Shelton CT, Chapter3240
www.aarpchapter3240.org

To learn more about our chapter:

Call Phyllis Kupec (President) at 203-926-6916
Email us at aarpshelton@gmail.com

2017/2018 Officers

President: Phyllis Kupec
Vice President: George Ward
Secretary: Betty Goddard
Treasurer: Charles Vollaro

Monthly Meetings

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

If the Shelton school system is closed or delayed due to weather conditions, the member meeting will be cancelled.

In the event that the Shelton School system is not in session, listen to WICC radio 600 or WTNH TV channel 8. Meeting times and cancellations are also listed on the Shelton Senior Center Info Line at 203-924-2355.

Caregiver Road Show - Tuesday March 20, 2018, 1:30 p.m.

Learn about specific tools family caregivers can use to connect with available services, gain an understanding of care options and costs, and stay informed on the legislative issues impacting seniors and caregivers. All seniors and caregivers are invited to attend.

Shelton Library - Tuesday April 17, 2018, 1:30 p.m.

The library is so much more than just books. Learn about the variety of services that the Shelton Library System offers, many of which you may not be aware of.

Senior Living Options - Tuesday May 15, 2018, 1:30 p.m.

Lisa Bisson from Wesley Village will discuss the options available for seniors, ranging from home care and adult day care to Assisted Living, Skilled Nursing, Hospice and Palliative Care.

Refreshments will be served at all meetings.

For more information, visit our Speakers page at www.aarpchapter3240.org/speakers

2018 Installation Luncheon

Tuesday June 12, 2018 12:00 Cheese & Crackers , 1:00 pm Lunch

Family, Friends and Non-Members Welcome - \$24.00 per person
Blue Goose Restaurant, 326 Ferry Blvd, Stratford - 203-375-9130

Choice of Roast Sirloin of Beef, Chicken Parmigiana, Stuffed Filet of Sole or Fried Bay Scallops
Tickets available at March, April and May meetings or call Charles Vollaro at 203-929-0379.

Center Stage Theatre, February 2018

Gary and Francesca Scarpa treated us to a very entertaining discussion of their life in the theater. Both had musical roots. Fran's father was a renowned opera conductor. Gary's parents encouraged music but he was 21 before he ever saw a live play.

Gary and Fran's "show-mance" started when they were cast as dance partners in a college production of *She Haunts Me*. When Gary heard Fran singing "it was love at first sound. We enjoyed Fran's hilarious telling of how Gary asked her father for her hand in marriage!

As an English teacher, Gary began directing the drama club at Shelton High. He started with *The Music Man*, then in 1978 *Fiddler on the Roof* put them on the map. Gary and Fran also started the Youth CONNecTion summer group, which will celebrate its 35th year this summer.

The seed for Center Stage Theatre was planted in 2005 when Francesca attended a conference where Oprah told the audience to listen to the "idea talking to you". Fran's idea – "I gotta open up a theater with you". As a result, they opened up "Center Stage 1.0" – a bookstore and coffee shop with a tiny theater.

Learning they were better at theater than bookselling eventually led them to the current Center Stage. The theater puts on multiple productions per year and provides a way for adults, teens and children to experience and participate in various aspects of live theater.

Fran and Gary measure their lives not in years but in shows. Even though they tried to retire several times they keep coming back, building community one play at a time

For meeting photos, see the Past Meetings section of our Speakers page.

AARP Connecticut

AARP holds a number of events in Connecticut throughout the year. For a complete listing, visit www.aarp.org/CT, then scroll down to the Upcoming Events listing on the right hand side and click on All Events at the bottom of the list. Upcoming events include:

- 3/13/18, Clinton. AARP TEK – Free hands-on iPad Workshops -
- 3/14/2018, Monroe. AARP CT Fraud Watch Network - The Con Artist Playbook.
- 3/24/2018, Newington. AARP Careversations - facilitated conversation on family caregiving.
- 4/11/2018, Monroe. AARP CT Road to Livability - facilitated conversation.

AARP provides discounts on many Connecticut institutions, including:

Albertus Magnus College, Beardsley Zoo, The Bushnell, Central Connecticut State University, Chapter 126 Sports & Fitness, Discovery Museum and Planetarium, Downtown Cabaret Theater, Garde Arts Center, International Festival Arts & Ideas, The Klein Memorial Auditorium, Mystic Aquarium, Mystic Seaport, Nelson Hall at Elm Park, Palace Theater, Stamford Museum and Nature Center, TheaterWorks.

For information on all Connecticut discounts, visit www.aarp.org/CTdiscounts.