



Shelton CT, Chapter3240
www.aarpchapter3240.org

To learn more about our chapter:

Call Phyllis Kupec (President) at 203-926-6916
Email us at aarpshelton@gmail.com

2017/2018 Officers

President: Phyllis Kupec
Vice President: George Ward
Secretary: Betty Goddard
Treasurer: Charles Vollaro

Monthly Meetings

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.
If the Shelton school system is closed or delayed due to weather conditions, the member meeting will be cancelled.
In the event that the Shelton School system is not in session, listen to WICC radio 600 or WTNH TV channel 8. Meeting times and cancellations are also listed on the Shelton Senior Center Info Line at 203-924-2355.

Upcoming Meetings

Presentation by the Editor of the Shelton Herald

Tuesday October 17, 2017 - 1:30 p.m.

Aaron Berkowitz will speak on community engagement, how to publish an article for the weekly paper, and the importance of feedback on articles published.

Refreshments will be served

Caregiver Roadshow for Connecticut Families

Tuesday November 21, 2017 - 1:30 p.m.

Family caregivers are the backbone of our health care system and they can use some support to help their loved ones live safely and independently at home. Learn about specific tools to connect with available services, understand your care options and costs, and legislative issues impacting seniors and family caregivers.

Refreshments will be served

Holiday Luncheon - Tuesday December 5, 2017

Family, Friends and Non-Members Welcome - \$24.00 per person
Blue Goose Restaurant, 326 Ferry Blvd, Stratford - 203-375-9130
12:00 noon Cheese & Crackers , 1:00 p.m. Lunch

Choice of Roast Sirloin of Beef, Chicken Parmigiana, Stuffed Filet of Sole or Fried Bay Scallops
Tickets available at our next meeting or call Charles Vollaro at 203-929-0379

For more information on upcoming or past meetings and events,
visit our Speakers page at www.aarpchapter3240.org/speakers

September 19, 2017 Meeting - The Con Artist's Handbook

Byron Peterson, Lead Volunteer for the AARP Fraud Network, and Shelton Legislative Chair, was the featured presenter. Byron discussed a variety of scams and showed a video on the psychological tactics that con artists use to gain the confidence of their victims.

A number of the audience members also shared their own experiences relating to fraud, illustrating how widespread the problem is.

Among the pieces of advice from the meeting are:

- Do not send money to someone calling claiming to be a grandchild, or other relative, in trouble. The scam artist can get information on your relative from social media postings or obituaries. Do not inadvertently reveal a grandchild's name by saying: 'Is that you Joe / Jane?'
- Do not respond to phone calls claiming to have an IRS case on you. If the IRS does need to collect money from you, you will receive letters both from the IRS and from the collection agency that the IRS has assigned to your case.
- Do not respond to online or phone contacts claiming to be from any type of Tech Support asking to take remote control of your computer to fix a problem. If you think you have a problem contact your provider directly.
- Never give out your Social Security Number.

The AARP Fraud Network provides extensive information on fraud and how to protect yourself. Visit their website at aarp.org/fraudwatchnetwork, or call the Fraud Fighter Call Center at 1-877-908-3360.

For handouts and photographs from the meeting, visit the Past Meetings section of the Speakers page on our website.

Shelton Senior Health and Wellness Fair

Our Shelton AARP chapter participated in the Senior Health and Wellness Fair held at the Shelton Senior Center on Friday September 29th. Our table was staffed by Betty Goddard, Phyllis Kupec, Lucille Roog, Walter Roog, Dot Ward and George Ward. Volunteers provided information on our chapter's activities and other materials of interest to seniors.

AARP Connecticut

Free Mimosa Brunch and program on CT's new Retirement Savings Program. Saturday, October 7, 2017 from 8:30 a.m. to noon, Blue Goose Restaurant, Stratford CT. Register at <https://aarp.cvent.com/GBWandSOct7> or call 1-877-926-8300.

AARP will be holding a number of events in Connecticut throughout the year. For a complete listing, visit www.aarp.org/CT and click on Events.

Your AARP membership provides you discounts at many Connecticut attractions, including some October performances at the Bushnell Theater in Hartford. For details on the Bushnell discounts visit <http://states.aarp.org/catch-show-bushnell-october>.

For information on all Connecticut discounts, visit www.aarp.org/CTdiscounts.