



Shelton CT, Chapter3240  
www.aarpchapter3240.org

To learn more about our chapter:

Call Phyllis Kupec (President) at 203-926-6916  
Email us at aarpshelton@gmail.com

**2016/2017 Officers**

President: Phyllis Kupec  
Vice President: George Ward  
Secretary: Betty Goddard  
Treasurer: Charles Vollaro

**Monthly Meetings**

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

If the Shelton school system is closed or delayed due to weather conditions, the member meeting will be cancelled.

In the event that the Shelton School system is not in session listen to WICC radio 600 or WTNH channel 8. Meeting times and cancellations are also listed on the Shelton Senior Center Info Line at 203-924-2355.

**Tuesday June 13, 2017 Installation Luncheon**

Family, Friends and Non-Members Welcome - \$21.00 per person  
Blue Goose Restaurant, 326 Ferry Blvd, Stratford - 203-375-9130

12:00 Cheese & Crackers , 1:00 pm Lunch

Choice of Roast Sirloin of Beef, Chicken Parmigiana, Stuffed Filet of Sole or Fried Bay Scallops

For tickets call Charles Vollaro at 203-929-0379

For more information, visit our Speakers page at [www.aarpchapter3240.org/speakers](http://www.aarpchapter3240.org/speakers)

The 2017 - 2018 Officers will be installed at the luncheon. We still need a Meeting Secretary and Nominating Chair. If you are interested in these positions or participating on a committee, please contact Phyllis Kupec at 203-926-6916.

**No Meetings or Newsletter in July and August**

Our meetings, along with the newsletter, will resume in September. We wish everyone a happy and safe summer and look forward to seeing you in September.

**The CARE Act for Family Caregivers**

The Connecticut CARE act requires hospitals to allow you to designate someone as a family caregiver, to notify them when you are being discharged back home, and instruct them on the medical tasks that you will need to perform at home.

## ***May 2017 Meeting – Estate Planning***

Attorneys Allison DePaola and Nicole Livesey of Floman DePaola, LLC, and Richard Franchi spoke on Estate and Long Term Care Planning.

The meeting began with a description of the Connecticut laws on wills. The person making the will (Testator) must be over 18, the will must be in writing and be signed by the Testator and two witnesses. The will must be brought to Probate Court within 60 days of death or it is a misdemeanor crime.

Estate Planning protects the people and property you care about while you are alive and after your death. It allows you to control who can make medical and financial decisions, should you be unable to do so, and how your assets will be distributed after your death.

An Estate Plan includes three main documents:

**Durable Power of Attorney (POA)** names who can make financial decisions for you should you be unable to do so.

**Health Care Instructions (Living Will)** states your wishes concerning health care and names who can make medical decisions if you are unable to.

**Last Will and Testament (Will)** states who gets what after your death and names a person you trust to administer your estate.

Without these documents, decisions will be made by someone appointed by the Probate Court and your assets will be distributed according to Connecticut state law.

Estate Planning may also include a **Living Trust (Revocable Trust)** which transfers assets while you are still alive, and is managed by a Trustee for the benefit of beneficiaries. This is not for everyone. It does not avoid all involvement with probate court and the cost of the trust may be more than is saved in probate costs.

A discussion of **Asset Protection Planning** for long term care covered what you are entitled to keep when applying for Medicaid and potential strategies for protecting other assets.

The presentation ended with a recommendation on how to select an attorney. Look for someone who provides a free initial consultation, a written list of what they will be doing, and a written quote for a flat (vs. hourly) fee.

## ***AARP Connecticut***

AARP will be holding a number of events in Connecticut throughout the summer. For a complete listing, visit [www.aarp.org/CT](http://www.aarp.org/CT) and click on Events.

Your AARP membership provides you discounts at many Connecticut attractions, including:

Discovery Museum and Planetarium, New Britain Museum of American Art, Downtown Cabaret Theatre, Stamford Symphony, Connecticut's Beardsley Zoo, Central Connecticut State University, Mystic Aquarium, Albertus Magnus College, The Klein Memorial Auditorium, Chapter 126 Sports & Fitness, International Festival Arts & Ideas, Hartford Stage, Garde Arts Center, Stamford Museum and Nature Center.

For information on Connecticut discounts, visit [www.aarp.org/CTdiscounts](http://www.aarp.org/CTdiscounts)