



Shelton CT, Chapter3240  
www.aarpchapter3240.org

To learn more about our chapter:

Call Phyllis Kupec (President) at 203-926-6916  
Email us at aarpshelton@gmail.com

**2016/2017 Officers**

President: Phyllis Kupec  
Vice President: George Ward  
Secretary: Betty Goddard  
Treasurer: Charles Vollaro

**Monthly Meetings**

The Shelton Chapter meets at 1:30 p.m. on the third Tuesday of each month except during July and August. Meetings are held at the Shelton Senior Center located at 81 Wheeler St., Shelton, CT.

If the Shelton school system is closed or delayed due to weather conditions, the member meeting will be cancelled.

In the event that the Shelton School system is not in session listen to WICC radio 600 or WTNH channel 8. Meeting information is also available on the Shelton Senior Center Info Line at 203-924-2355.

**Upcoming Meetings**

April 18, 2017, 1:30 p.m.

Legislative chair Byron Peterson will discuss what's happening in Washington, including how proposed changes to Medicare could affect your health care and your wallet.

May 16, 2017, 1:30 p.m. - Richard Franchi, Esq., will speak on Elderlaw.

For more information, visit our Speakers page at [www.aarpchapter3240.org/speakers](http://www.aarpchapter3240.org/speakers)

**Opportunities to Participate in Our Chapter**

We welcome any members of the Shelton AARP who would like to become more involved. We especially need help with:

Programs / Speakers	Community / Outreach	Secretary
Hospitality / Dessert Table	Luncheons (June & December)	Nominating Committee

To learn more these and other openings, call Phyllis Kupec at 203-926-6916.

**Renewal Reminder**

Renewals for chapter dues (\$5.00) are due now and can be paid by cash or check (payable to: AARP Shelton Chapter 3240). You can bring your dues to the next meeting, or mail them to: Vincent Ribeiro, 505 Roosevelt Drive, Apt. 4, Derby, CT 06418-1045.

## ***Tell Your Representative to Oppose Latest Health Care Bill***

AARP has alerted us that Congressional leaders are working with special interests on an even worse health care bill. **It would still charge older Americans up to \$13,000 more and threaten Medicare**, and now it would even return us to the days when insurance companies could discriminate against people with pre-existing conditions!

Call your Representative today and tell them to stand firm against this disastrous health care bill.

Dial 1-844-259-9352 and follow the prompts to be connected to your legislator's office.

Tell the staff person that you're counting on your Representative to oppose this new version of the American Health Care Act, that it's unacceptable to charge an age tax on older Americans, weaken Medicare, and remove protections for those with pre-existing conditions. If you would like, you can also tell them how having to pay thousands more for your health care would impact your and your family's lives.

Remind them that you are their constituent, you vote, and you will hold your Representative accountable on how they vote.

## ***March 2017 Meeting – Spring Planting***

At our March meeting, Bruce Benedict and Dave Lewis from Benedict's Home & Garden provided some great information on getting our gardens started. We learned about starting seeds indoors, amendments and nutrients to add to the soil, the benefits of mulching, and tips for growing container plants.

Bruce and Dave answered many questions from our members and even provided us with a variety of seeds. Thanks to our speakers for an interesting and informative meeting!

## ***AARP Connecticut***

Tuesday, May 2, 2017, 6:00 p.m. at Hartford Gay & Lesbian Health Collective  
*Gen Silent*

Gen Silent shares the stories of LGBT older adults dealing with the challenges and hopes of growing older. This landmark film has inspired a movement of advocates to create safe and welcoming experiences for older adults and caregivers. Light dinner included.

**To register, call 877-926-8300 or visit <https://aarp.cvent.com/CTGenSilent0502>**

For information on other Connecticut events, visit [www.aarp.org/CT](http://www.aarp.org/CT)

Your AARP membership provides you discounts at many Connecticut attractions, including Discovery Museum and Planetarium, Downtown Cabaret Theatre, Stamford Symphony, Connecticut's Beardsley Zoo, Mystic Aquarium, Stamford Museum and Nature Center, and many others. Enjoy member and guest offers and support local nonprofits at the same time. Mark your calendar for Free 4<sup>th</sup> Fridays at the Beardsley Zoo, June through October.

For information on Connecticut discounts, visit [www.aarp.org/CTdiscounts](http://www.aarp.org/CTdiscounts)