

Shelton AARP Chapter 3240 Membership Meeting

May 21, 2019

Call to Order:

The meeting was called to order at 1:43 p.m. by Walter Roog. There was a moment of silence for our deceased veterans in honor of Memorial Day. This was followed by the Pledge of Allegiance, and the singing of God Bless America.

Secretary's Report: Linda Gabor

Minutes of the April 16, 2019 membership meeting have been posted on the Chapter Documents page of the website.

A copy of the April minutes is available for review in the binder on the front table.

Website / Newsletter: Linda Gabor

The May newsletter has been emailed and posted to the website. Copies of the newsletter are available on the front table. Feel free to take a copy to give to someone you know who may be interested in our chapter.

Photos from the April meeting are posted to the Speakers page of the website, and are also in the binder on the sign in table.

Please watch the website for the latest information on our upcoming events and let Linda know if you have any questions or suggestions.

Treasurer's Report: Charles Vollaro

Report for April 2019

Beginning Balance (as of 3/31/2019)	\$2,449.40
Income	\$305.00
Expenses	\$0.00
Ending Balance (as of 4/30/2019)	\$2,754.40

Membership: Vincent Ribeiro

Total Members:	74
Emeritus Members:	36
Dues Payable:	38

Dues are \$5.00 for January – December. Four more members paid at this meeting and some Emeritus members made a voluntary donation. Vincent welcomed our guests.

Programming: Walter Roog

Charles Vollaro has tickets for the June Installation Luncheon. There are 22 signed up so far.

Hospitality: Joan Platt

Joan invited attendees to have refreshments.

Community Outreach: Dot Ward

Dot brought copies of the Senior Go To Guide for eastern Fairfield County, published annually in Stratford. It is a good magazine which is strictly for seniors. If you serve seniors, you can get a free ad. Dot is trying to get us into next year's edition. She will also ask for issues from other parts of the state.

Dot invited members to pick up a copy after the meeting. You can also call and get a copy.

Health Advocate: Judy Duva

Shielding your eyes:

- Get regular eye exams. Children should start at age three. An optometrist can do eye exams, but go to an ophthalmologist if you have vision problems.
- Eat foods rich in Omega 3, lutein and zinc.
- Do not smoke.
- Wear sunglasses that block 99% of UVA/UVB rays.
- Wear protective glasses when needed.
- Take breaks from electronic screens every 15 to 20 minutes.
- Remove contacts at night unless they are designed for constant wear.

Sunshine: Dot Ward

No report.

Legislative: Byron Peterson

Byron will be in Hartford until the session ends June 7th.

Current Proposed Bills in Legislature Hearings, etc.: Update:

NOTE: Contact your legislators who is seeking your feedback on the proposed legislation

1. Transportation Infrastructure funding – 2 Bills (Bills being reviewed/revised)
 - a. Democratic Bill calls for 82 toll stations in CT (I-95, I-84, Route 15, I-91, Route 8, Route 9, I-691, and I-291 would all have tolls.)
 - b. Governor Lamont's bill call for 50 toll stations
 - c. Reps. Perillo and McGorty voted against tolls proposals.
 - d. Shelton Alderman (March 28) passed a resolution opposing the tolls.

NOTE: The "tolls" conversation may not be done by the end of this legislative session. (June 7). Do contact your representative and senator.

2. Streamlining Pension Tax process – Republicans proposing to get rid of a 2017 law that requires pension administrators to withhold taxes throughout the year. This will require seniors to file paperwork to get a financial return even if they fell below the minimum income level to file paperwork
3. Legislative Activities:
 - a. An Act Concerning Prescription Drugs, HB 7174. CT-AARP supports this bill to reduce the cost of prescription drugs.
 - b. Paid Family and Medical Leave
 - c. End Auto-renewal of Electric Supplier contracts

NATIONAL LEGISLATION

1. Prescription Drug legislation
 - a. Allow Medicare to Negotiate Prescription Prices
 - b. Cap Out-Of-Pocket Costs
 - c. Improve Access to Lower-Cost Generic Drugs

Byron encouraged the attendees to contact their legislators.

Public Relations: Marilyn Plainer

No report.

Nominating: Walter Roog

The 2019-2020 board members are:

President: Walter Roog Vice-President: George Ward
Secretary: Linda Gabor Treasurer: Charles Vollaro
Three-Year Directors: Phyllis Kupec, Barbara Piaty, Vincent Ribeiro
Two-Year Directors: Mary Ann Fircgau, Byron Peterson, Marilyn Plainer
One-Year Directors: Joan Platt, Lucille Roog, Dot Ward

Walter asked the secretary to cast one vote for the entire slate.

Walter asked for volunteers to be the Programming Chari, to work with the rest of the board to plan programs for the coming year. He also listed the other committees and asked for volunteers.

Other Business:

None

Program – Connecticut Probate Court

Presented by Shelton Probate Judge Fred J. Anthony. Chief Clerk Loreen (Lori) Michalak was also in attendance.

Judge Anthony discussed the importance of having your will prepared by a professional and typical probate costs. He also talked about conservatorships and power-of-attorney.

For more details, see the June newsletter.

Adjournment

The business meeting adjourned at 2:05 p.m. The program ended at 2:50 p.m., followed by refreshments and social hour.

Respectfully Submitted: Linda Gabor